

CERVIZZI'S MARTIAL ARTS ACADEMY ®

AT THE CENTRE CONGREGATIONAL CHURCH

5 SUMMER STREET
LYNNFIELD, MA 01940

781-598-7100



SCHEDULE OF CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Private lessons by appointment	Private lessons by appointment	Private lessons by appointment	Private lessons by appointment	Private lessons by appointment	Adult Group (ages 16+) 8:00-8:45am
Preschool (ages 4-5) 4:00-4:45pm	Child Group (ages 6-9) all ranks 4:00-4:45pm	Preschool (ages 4-5) 4:00-4:45pm	Private lessons by appointment	Child Group (ages 6-9) white to orange 3:45-4:30	Preschool (ages 4-5) 9:00-9:45am
Child Group (ages 6-9) white to orange 5:00-5:45pm	Sparring class (ages 5-13) 4:45-5:30pm	Advanced class (ages 6-15) Purple belt & Above 5:00-5:45	Teen Class (ages 10-15) 5:00-5:45pm	Sparring class (ages 6-15) 4:45-5:20pm	Child Group (ages 6-9) all ranks 10:00-10:45am
Advanced class (ages 6-15) Purple belts & Above 6:00-6:45pm	Teen Class (ages 10-15) 5:30-6:15pm	Black Belt Club 5:50-6:30pm	private lessons by appointment	Advanced class (ages 6-15) Purple belts & Above 5:30-6:15pm	Teen Class (ages 10-15) 11:00-11:45am
	Adult Class (ages 16+) 6:30-7:30pm	Child Group (Ages 4-11) 6:30-7:15pm	Adult Class (ages 16+) 6:30-7:30pm		

*If you have questions or need any assistance, I can be reached via Cell# 781-983-5181 - Shihan Diana

**ALL CLASSES WILL BE HELD AT THE CENTRE CONGREGATIONAL CHURCH, 5 SUMMER ST. LYNNFIELD
BACK PARKING LOT OFF OF MAIN ST.

Schedule as of 9/8/2026*