

# Cervizzi's Martial Arts Academy

## 5 Post Office Square

### Lynnfield, Ma. 01940

### 781-598-7100

\*\*\*\*Schedule of Classes\*\*\*\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Child Group (ages 6-9)	Kickboxing
Private lessons by appointment only.	Private lessons by appointment only.	Private lessons by appointment only.		White-Orange belt 3:45 - 4:30 p.m	<b>8:00-9:00 am</b>
Preschool (ages 4-5) 4:00-4:45 p.m	Child Group (ages 6-9) 4:00 - 4:45 p.m	Preschool (ages 4-5) 4:00-4:45 p.m	Private lessons by appointment only.	Sparring Class (ages 6-15) <b>4:35-5:20 p.m</b>	Preschool (ages 4-5) 9:00 - 9:45 a.m
Child Group (ages 6-9) White - Orange belts 5:00 - 5:45 p.m.	Teen group (ages 10-15) 5:00 - 5:45 p.m.	Advanced Class (ages 6-15) Purple & above <b>5:00 - 5:45 p.m.</b>	Teen group (ages 10-15) 5:00 - 5:45 p.m.	Advanced Class (ages 6-15) Purple belts & above <b>5:30-6:15 p.m</b>	Child Group (ages 6-9) 10:00 - 10:45 a.m
Black Belt Club <b>5:50-6:30 p.m.</b>	Private lessons by appointment only	Black Belt Club <b>5:50-6:30 p.m.</b>			Teen group (ages 10-15) 11:00 - 11:45 a.m
		ages 4-9 Child Group 6:30 - 7:15	Private lessons by appointment only.		
	6:30 - 7:30 p.m. Adult Group (age 16 +)		Adult Group (age 16+) 6:30 - 7:30 p.m.		

\*\*Subject to change without notice - \*\*as of 3/1/2018