

Cervizzi's Martial Arts Academy

5 Post Office Square

Lynnfield, Ma. 01940

781-598-7100

****Schedule of Classes****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Child Group	
Private lessons	Private lessons	Private lessons	Private lessons	(ages 6-9)	
				White-Orange belt	
				3:45 - 4:30 p.m	
Preschool (ages 4-5) 4:00-4:45 p.m	Child Group (ages 6-9) 4:00 - 4:45 p.m	Preschool (ages 4-5) 4:00-4:45 p.m		Sparring Class (ages 6-15) 4:35-5:20 p.m	Preschool (ages 4-5) 9:00 - 9:45 a.m
Child Group (ages 6-9) White - Orange belts 5:00 - 5:45 p.m.	Teen group (ages 10-15) 5:00 - 5:45 p.m.	Advanced Class (ages 6-15) Purple & above 5:00 - 5:45 p.m.	Teen group (ages 10-15) 5:00 - 5:45 p.m.	Advanced Class (ages 6-15) Purple belts & above 5:30-6:15 p.m	Child Group (ages 6-9) 10:00 - 10:45 a.m
		Black Belt Club 5:50-6:30 p.m.			Teen group (ages 10-15) 11:00 - 11:45 a.m
		ages 4-9 Child Group 6:15-7:00			
	6:30 - 7:30 p.m. Adult Group (age 16 +)		Adult Group (age 16+) 6:30 - 7:30 p.m.		

**Subject to change without notice - ** All classes 30-40 mins during Pandemic