

Cervizzi's Martial Arts Academy

5 Post Office Square

Lynnfield, Ma. 01940

781-598-7100

****Schedule of Classes****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Child Group (ages 6-9)	Preschool (ages 4-5)
Private lessons by appointment only.	Private lessons by appointment only.	Private lessons by appointment only.		White-Orange belt 3:45 - 4:25 p.m	9:00 - 9:35 a.m
			Private lessons by appointment only.	Sparring Class (ages 6-15) 4:45-5:15 p.m	Child Group (ages 6-9) 10:00 - 10:40 a.m
Preschool (ages 4-5) 4:00-4:40 p.m	Child Group (ages 6-9) 4:00 - 4:40 p.m	Preschool (ages 4-5) 4:00-4:40 p.m			
Child Group (ages 6-9) White - Orange belts 5:00 - 5:40 p.m.	Teen group (ages 10-15) 5:00 - 5:40 p.m.	Advanced Class (ages 9-15) Purple & above 5:00 - 5:40 p.m.	Teen group (ages 10-15) 5:00 - 5:40 p.m.	Advanced Class (ages 6-15) Purple belts & above 5:30-6:10 p.m	Teen group (ages 10-15) 11:00 - 11:40 a.m
		Black Belt Club 5:50-6:30 p.m.			
Advanced Class (ages 6-9) Purple & above 6:00 - 6:40 p.m.	Private lessons by appointment only	ages 4-9 (VIRTUAL) Child Group 6:30 - 7:00	Private lessons by appointment only.		
	6:30 - 7:15 p.m. Adult Group (age 16 +)		Adult Group (age 16+) 6:30 - 7:15 p.m.		

**Subject to change without notice - **as of 3/1/2018