

CERVIZZI'S

MARTIAL ARTS ACADEMY®





MAKING AN IMPACT ON THE NORTH SHORE SINCE 1995

Discover the power of martial arts at Cervizzi's, where we offer programs for all ages and fitness levels. Since 1995, our mission has been to provide personalized instruction that boosts self-esteem and fosters a positive belief system. At Cervizzi's, students do not just learn to defend themselves—they develop leadership, self-empowerment, and public speaking skills, along with character and self-esteem. Join us for a transformative experience that goes beyond martial arts, incorporating essential life lessons for all walks of life

All chief instructors are certified and personally taught by Soke Paul – 10th degree black belt with over 45 years of martial arts training. Each location follows the same curriculum stressing the same core values:

- Discipline/Focus
- Confidence/Leadership
- Anti-bullying strategies
- Health/Wellness
- Strength/Conditioning
- Stress Management
- Practical Self-Defense





LOCATIONS

6 Washington St, North Reading | 617-240-0974 5-6 Post Office Square, Lynnfield | 617-240-0974

INQUIRE TODAY

Senior Grandmaster Paul B. Cervizzi J.D. 10th degree black belt

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