

NEW SCHEDULE STARTS 10/2/2023

**CERVIZZIS MARTIAL ARTS ACADEMY NORTH ANDOVER
PRIVATE LESSON & CLASS SCHEDULE**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
3:00	Private Lesson (3:00-3:30pm)						
3:30	Open Private Lesson (3:30-4:00pm)	Open Private Lesson (3:30-4:00pm)	Open Private Lesson (3:30-4:00pm)	Private Lesson (3:30-4:00pm)	Private Lesson (3:15-4:00pm)	8:00	Private Lesson (8:00-8:30am)
4:00	Tiny Tigers Karate (4:00pm-4:45pm)	Beginner Child Karate (4:00pm-4:45pm) Ages 6-9	Tiny Tigers Karate (4:00pm-4:45pm)	Beginner Child Karate (4:00pm-4:45pm) Ages 6-9	Beginner Child Karate (4:00pm-4:45pm) Ages 6-9	9:00	Tiny Tigers Karate (9:00-9:45am)
4:45	Ages 4-5	White Belt-Orange Belt	Ages 4-5	White Belt-Orange Belt	White Belt-Orange belt	9:45	Ages 4 & 5
5:00		Intermedite Child Karate (5:00pm-5:45pm) Ages 6-9	Mixed Martial Arts (5:00-5:45pm) Ages 10+	Intermediate Child Karate (5:00-5:45pm)	Child/Teen Group Sparring (5:00-5:45pm)	10:00	Child Group Karate (10:00-10:45am)
5:45	Private Lesson (5:00-5:30pm)	Purple-Brown Belt	Private Lesson (5:00-5:30pm)	Purple-Brown Belt Ages 6-9	Ages 6-15 (All ranks)	10:45	Ages 6-9 All Ranks
	Private Lesson (5:30-6:00pm)	Private Lesson (5:00-6:00pm)	Private Lesson (5:30-6:00pm)	Private Lesson (5:30-6:00pm)	*Unlimited Membership Only		
6:00	Master's Club (6:00-6:45)	Beginner Teen Karate (6:00pm - 6:45pm) Ages 10-15	Black Belt Club (6:00-6:45pm) Purple-Brown	Beginner Teen Karate (6:00-6:45pm)	Private Lesson (5:15-5:45pm)	11:00	Teen/Adult Group Karate (11:00-11:45am)
	*Invited Black Belts only	White-Orange Belt	*Ages 8+ *By invitation only	White Belt-Orange belt	Gi Grappling (6:00-6:45pm) Ages 10+	11:45	Ages 10+ (All ranks)
6:45	Private Lesson (6:45-7:15pm)	Private Lesson (6:00-6:45pm)	Private Lesson (6:45-7:15pm)	Private Lesson (6:00-7:00pm)	Theme Nights/Birthdays (6:45-8:45pm)	12:00	Belt Tests (12:00-1:00pm)
7:15	Adult Group Karate (7:15-8:15pm)	Advanced Teen Karate (7:00-7:45pm) Ages 10-15	Adult Group Karate (7:15-8:15pm)	Advanced Teen Karate (7:00-7:45pm) Ages 10-15	Belt Tests (6:45-7:45pm)	1:30	Birthday Parties (12:00-1:30pm)
	Ages 16+	Purple-Black Belt	Ages 16+	Purple-Black Belt			
8:15	All Ranks		All Ranks				

*Grappling/MMA is a separate membership.

Updated as of 11/3/2023