

# Cervizzi's Martial Arts Academy®

**Dundee Park - Bldg 2 - B03**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Private lessons by appointment only	Private lessons by appointment only	Private lessons by appointment only	Private lessons by appointment only	Private lessons by appointment only	Private lessons by appointment only
3:30 - 4:00 Private	3:30 - 4:00 Private	3:30 - 4:00 Private	3:30 - 4:00 Private	3:30 - 4:00 OPEN	Adult Group Karate Ages 15+ 8:30-9:20am
4:00 -4:30 Private	4:00 -4:30 Private	4:00 -4:30 Private	4:00 -4:30 Private	4:00 -4:30 Private	Child Group Karate Ages 4-5 9:30-10:20am
Preschool Group Karate Ages 4-5 4:30-5:20	Child Group Karate Ages 6-9 4:30-5:20pm	Preschool Group Karate Ages 4-5 4:30-5:20pm	Teen Group Karate ** Beginners** Ages 10-14 4:30-5:20pm	4:00-4:30 Private	Child Group Karate Ages 6-9 10:30-11:20am
Sparring Class <u>Gear Required!!!</u> Ages 6-Adult 5:30-6:20pm	Teen Group Karate Ages 10-14 5:30-6:20pm	**JR Black Belt Club ** <u>by Invitation Only</u> <i>Ages 6-11</i> 5:30-6:20pm	Teen Group Karate ##Advanced## Ages 10-14 5:30-6:20pm	Advanced Karate <i>Ages 5-10</i> Purple - Brown 4:30-5:20pm	Teen Group Karate Ages 10-14 11:30-12:20 am
Adult Group Karate Ages 15+ 6:30-7:20pm	** Black Belt Club ** <u>by Invitation Only</u> <i>Ages 12+</i> 6:30-7:20pm	Adult Group Karate Ages 15+ 6:30-7:20pm	Combined Child/Preschool Ages 4-9 6:30-7:20pm	Advanced Karate <i>Ages 11+</i> Purple - Brown 5:30-6:20pm	Private lessons 12:30-1:30pm Private
Private lessons 7:30-8:00pm Private	Private lessons 7:30-8:00pm Private	Private lessons 7:30-8:00pm Private	Private lessons 7:30-8:00pm Private	Theme Nights and Special Events	Workshops & Birthday Parties